

#### Information for those between 0 and 18

who live in foster care

To monitor if you are doing well in the foster home, the Child Welfare Act has decided that you have the right to be visited by a supervisory person from the municipality, at least 4 times a year.

# WHAT IS A SUPERVISOR??

A supervisor will visit you while you stay with your foster parents. The supervisor is there to find out how you are doing in your foster home.

The supervisor comes to your home, and you can talk to them about how it is to stay in the foster home or other things of interest to you. If you wish, you have the right to talk to the superviser alone, without your foster parents being present.

You can talk to your supervisor about whatever you want. If you are not doing well, tell him or her about this. If you are not doing well, the supervisor will notify your caseworker at child welfare services who can help you.

After the visit, the supervisor will write a report on what you have talked about. The report is sent to the child welfare services, who will then determine if the foster parents should receive some of the information.



## What it means being a FOSTER CHILD

Some children cannot live with their parents. It is therefore important that other adults take care of them.

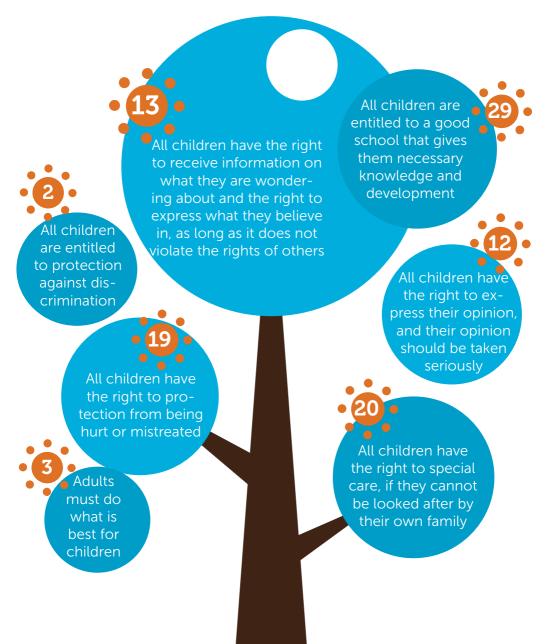
Foster parents are adults who take care of children who cannot live together with their parents.

There are many children living with foster parents.



Your foster parents must have time for you, look after you and help you..

Several countries in the world have made a joint agreement for all children. It's called the Convention on the rights of the child. Children have different rights, and the Convention tells you about your rights. Here are some articles that may be important to you:



### THE RIGHT TO KNOW

You can ask about how long and why you should be in foster care.

You can express your opinion regarding the choice of a supervisor.

#### **BE WITH FAMILY**

You can talk to your foster parents and your supervisor about getting together with your family.

Those of us who work as supervisors in foster care come from Sarsborg municipality (Unit development upbringing). If you want to talk to a supervisor or have any questions about the supervision program, you can call us between the hours of 08-15, and ask for **May** (tel: 45291870) or **Heidi** (tel: 47467184).

